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## The Super You: Unlocking and Living with Your Highest Level of Confidence (Paperback)

By Dre Baldwin

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm.

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\*\*\*\*\*.When I was a child, there were these color-by-numbers coloring books we would play with. Each page would have a picture of, say, a bear. And the bear would have different areas of its body marked by a number. There was a little box in the corner of the page that told you which colors referred to each number. So if the number 1 was green, you colored all the corresponding 1s on the page in green. Then you did the same with black, red, yellow and the rest. After coloring in all the numbered sections, you d have a perfectly colored picture to admire. There was no thinking or real-life application necessary. Just do what the damn book said, step by step, and everything would be perfect. The Super You is not a coloring book. My goals in writing this book are to: 1) Give you insight into the phenomenon of confidence by explaining what it is, where it comes from, when you can use it to your advantage, and how it is developed,...



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