



THE PERRICONE PROMISE : Look Younger, Live Longer In Three Easy Steps

By Perricone, Nicholas

Warner Books, New York, NY, 2004. Hard Cover. Book Condition: NEW. Dust Jacket Condition: Near Fine. First Edition, 4th Printing. BRAND NEW COPY w/trace edge wear to dustjacket. A three-step, 28-day program towards health, reversing the aging process, and longevity. 9 chapters in 3 parts: Part I, Explaining the Promise; II, The Three Steps; and III, The 28-Day Perricone Program, followed by 2 appendices.



Reviews

A top quality ebook and the font employed was exciting to read. Of course, it can be enjoy, nonetheless an interesting and amazing literature. Your life span will likely be transform once you full reading this book.

-- Phyllis Welch

The very best book i at any time read. It generally does not price an excessive amount of. I discovered this publication from my dad and i recommended this book to understand.

-- Joesph Hettinger