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HALF-ASSED: A WEIGHT-LOSS MEMOIR



Seal Press. Paperback. Book Condition: new. BRAND NEW, Half-Assed: A Weight-loss Memoir, Jennette Fulda, After undergoing gall bladder surgery at age twenty-three, Jennette Fulda decided it was time to lose some weight. Actually, more like half her weight. At the time, Jennette weighed 372 pounds. Jennette was not born fat. But, by fifth grade, her response to a school questionnaire asking "what would you change about your appearance" was "I would be thinner." Sound familiar? Half-Assed is the captivating...

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- Authored by Jennette Fulda
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Reviews

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Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion.

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