



## Adult Coloring Books: Mandala Coloring Book for Stress Relief 2016 (Paperback)

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By Blue S

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Beautiful mandala designs for inner peace and inspiration! For centuries, mandalas have provided an elevated level of guidance to those seeking peace, inspiration, and a deeper connection to the world around them. Now, with The Mandala Coloring Book, you can use these sacred circles to help you find tranquility and balance in your life. Featuring customizable mandala drawings, this book encourages you to use your imagination to create vibrant patterns that reveal your hidden creative potential and bring you closer to your true self. Each intricate design will draw your eye inward, shifting your focus toward your center and allowing you to fully relax your mind as you express yourself through these beautifully complex illustrations. Complete with expert instruction and helpful design tips, The Mandala Coloring Book will help you find your inner calm and creativity every day.



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