



## Adult Coloring Books: Art Therapy for Grownups: Zentangle Patterns - Stress Relieving Bird and Animal Coloring Pages for Adults (Paperback)

By Cyrus Dalal

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.ZenTangled: Adult Coloring Books - Birds and Animals Volume 1 This Adult Coloring Book features 30 original Bird and Animal Illustrations, big and small, from around the world. Each coloring pattern is printed on its own page to prevent bleed through, allowing you to cut out and keep - perfect for Framing. Designs range in complexity from beginner to expert-level. Use your prefferred method of coloring from color pencils, gel pens, markers etc, providing hours and hours of stress relief, mindful calm, and fun, creative expression. The perfect gift for any coloring enthusiast! KINDLE USERS - We Are Thinking Of You. Since you can t download this book from your Kindle device -We put a link of a printable PDF version at the end of the book. Print the PDF on large 8x10 high quality paper and let your creativity to do the rest. Not Forgetting my fellow paperback customers: You can also contact me to request a pdf version of the book alowing you to print and have the full family join in...



## Reviews

I actually started out looking at this book. It really is rally interesting throgh studying time period. I am just happy to inform you that here is the greatest ebook i have read through within my personal daily life and could be he best book for possibly.

-- Miss Myrtice Heller

*This book is worth getting. Yes, it really is enjoy, continue to an amazing and interesting literature. You can expect to like how the author publish this book. -- Prof. Cindy Paucek I*