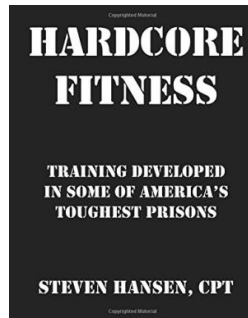


Hard Core Fitness Training Developed in Some of Americas Toughest Prisons



Book Review

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(Mr. Maximo Johns)

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